

take a break and do something different

bypass journal

July 2021

JULY. 21

a note:

As you may have noticed, we disappeared in June. We decided to allow bypass to take a back seat for the month. In the time of year in the academic and work calendar is an incredibly busy one.

But nevertheless we are back and ready to dive deeper into stories, projects and ideas.

In light of our hiatus and this funny July newsletter has even more to offer than usual to hopefully inspire and encourage you to get comfortable or get out of the house and do something a little different.

We hope you enjoy this month's selection, and don't forget to make time for taking it slow.

some films



[Stalker]

Andrei Tarkovsky, 1979

A guide, the Stalker, takes a writer and a professor into a fiercely protected post-apocalyptic wasteland called the Zone, the restricted site of a long-ago disaster, at the heart of which is the Room, a place rumored to fulfill one's most deeply held desires.

[The Brother from Another Planet]

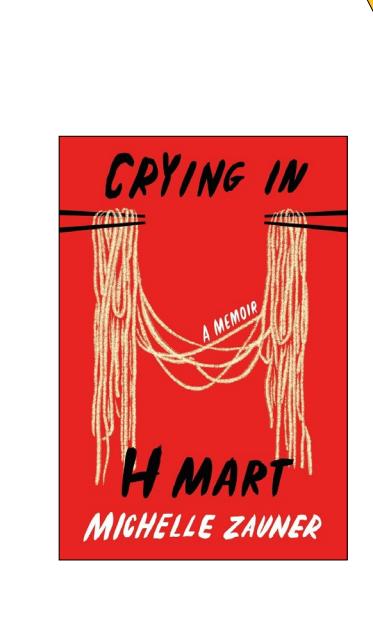
John Sayles, 1984

A relatively little-known film about an alien who lands on earth and is pulled into the world of Brooklyn, New York. The film gives a sense of the weird and quirky, and likewise a stunning glimpse of Brooklyn in the 80s in all its rugged glory.

an honorable mention :

[Babylon Berlin]

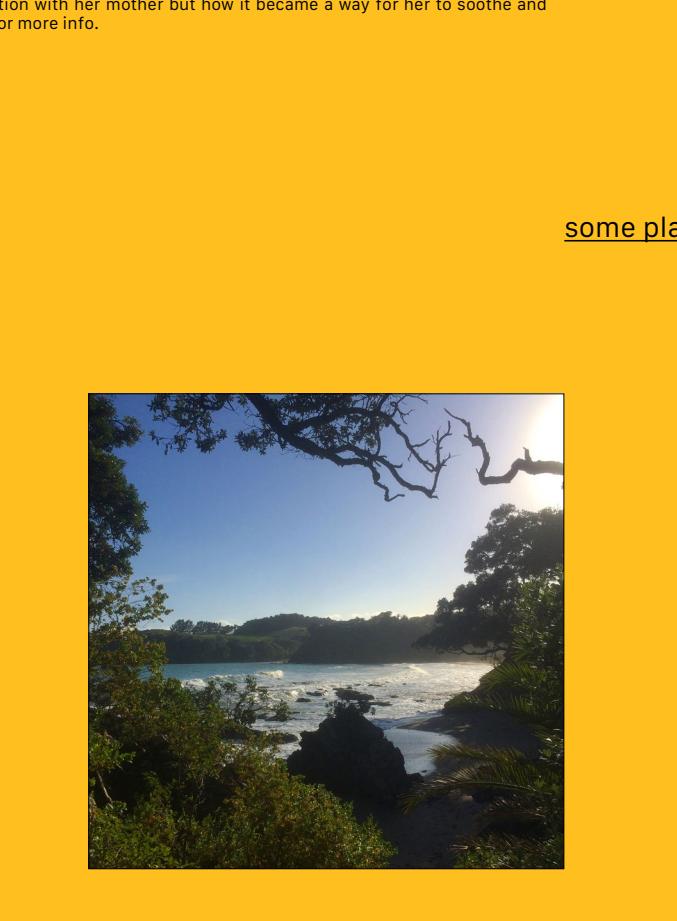
2017 - now



If you haven't already checked this out, this German series is the missus paired with the master of the crime genre. In the feverish years before WWI is political, riveting and deeply atmospheric. It is a perfect binge-worthy watch for this time of year.

SERVES 2

a recipe



This dish is gentle, rich and ideal for those colder months. Don't let the title intimidate you because this ramen is ridiculously simple (and yet somehow still completely delicious) and can easily be made within half an hour.

The buttery umami of the miso paired with the nuttiness of the pumpkin seed is comforting to eat if pumpkin seed butter is inaccessible to you though, it can easily be substituted with tahini or sprouts or carrot would also be great.

Accompany this with a small side of pickles or kimchi to cut through the richness for an extra good time.

1/2 onion, finely sliced
2 cloves garlic, minced
300ml dashi
300ml water
1 tbs veg stock
2 tbs pumpkin seed butter
(or 1 tbs tahini, or 2 tbs butter)
2 tbs pumpkin seeds
1 stalk spring onion, sliced
soba, ramen or rice noodles

Place the onion in a large pot and sauté in a little neutral oil on medium heat for 10-12 minutes until well caramelised.

In the meantime, to a blender add the soy, dashi, miso, veg stock, pumpkin seed butter (or substitution), and half the water to a blender and blitz on high until smooth.

Add minced garlic to the pot with the onion and allow to cook for a minute or two before adding the remaining water. Allow the water to deglaze the pan before pouring the mixture into the blender. Blitz on high until completely smooth. Pour the broth back into the pot and place on a low heat.

While the broth heats, cook noodles to package instructions. To a pan add the pumpkin seeds and toast on a low heat. Toast the seeds, keeping a close eye on them and tossing regularly until popping and browned.

Check on the broth, taste and adjust as needed (if the soy milk has started the separation you can blitz it in the blender again).

To serve: place noodles in bowls, pour over the broth and top with the pumpkin seeds, spring onion and whatever else you desire.

Eet smakelijk!

an exhibition

[Slow Boil]

Artspace Aotearoa , 29 May - 07 August 2021



some books



[Crying in H-Mart]

Michelle Zauner, 2021

Michelle Zauner, also known as Japanese Breakfast, is a Korean-American alt-pop artist. Here, in her debut memoir, Zauner delves into her upbringing between two cultures and the precarious relationship she shared with her mother in light of her passing when Zauner was in her early 20s. This memoir is about loss, identity and connection, all tied together with Zauner's musings on Korean food and how it informed not only her connection with her mother but how it became a way for her to soothe and reconcile after her mother's death. Check out [this article](#) for more info.

[Te Uru Waitakere Contemporary Art Gallery]

Mitchell and Stout Architects

Tiratangi, West Auckland

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